

Time	Saturday Session	Venue
10.00-1.00 Fortnightly	<b>Men Behaving Dadly</b> This is a fun group for dads/male carers and their children ( <b>0-5 years</b> ) (21st Jan, 4th Feb, 18th Feb)	Children's Centre
Please note an alternative timetable will run during half-term 20th February—24th February. The timetable will be available to collect from the Children's Centre from Monday 6th February.		

### Venue details

#### Astley Clinic

Dam House, Astley Hall Drive, Astley,  
M29 7TX

#### Tyldesley Library

Stanley Street, Tyldesley, M29 8AH

#### Lindale Hall

Lindale Road, Mosley Common, Worsley,  
M28 1BG

#### Tyldesley Pool

Castle Street, Tyldesley, M29 8EG

#### St John's Mosley Common Primary School

Common Side Road, Mosley Common,  
Worsley, M28 1AE

#### St John's Mosley Common C of E Primary School

Common Side Road, Mosley Common,  
M28 1AE

### Wigan Council

Children and Young People's Services

Mosley Common Children's Centre

Behind St John's Mosley Common CE Primary School,

Common Side Road,

Mosley Common,

Worsley,

Manchester M28 1AE

Tel: 0161 790 2195 (option 2)

Email: [mosleycommon\\_cc@wigan.gov.uk](mailto:mosleycommon_cc@wigan.gov.uk)

[www.saintjohnsmosleycommon.co.uk](http://www.saintjohnsmosleycommon.co.uk)



## Mosley Common Children's Centre

Timetable of Activities: 9th January 2012 – 30th March 2012

Time	Monday Sessions	Venue
10.00-11.00	<b>Play Tots (0-5 years)</b> Fun play session for parents/carers and children	Lindale Hall
1.30-3.30	<b>Well Baby Clinic</b> Drop in baby weighing clinic run by health visitors ( <b>last weighing at 3.15</b> )	Astley Clinic Dam House
2.00-3.00	<b>Under 5's Story Time</b> Come and join in story time and singing	Tyldesley Library
5.30-6.15	<b>Aqua Natal</b> You have to be at least 12 weeks pregnant to attend this gentle exercise session. ( <b>£3.10 per session</b> )	Tydesley Pool
7.00-8.00	<b>Zumba (Adults)</b> Come and join in with this fun, active session ( <b>£4.00 per session</b> )	St John's Primary School Hall
Time	Tuesday Sessions	Venue
9.00-10.30 Term time	<b>Chit Chat Coffee Morning</b> Drop in session for parents/carers and their children to have a natter and meet other parents. £1 donation for refreshments in aid of fundraising.	Childrens Centre
1.00-3.00 17th Jan 21st Feb	<b>Aiming High (support group for parents with disabled children)</b> Meet and chat with other parents and learn about the support that's available to you. Third Tuesday of every month. Term time only.	Childrens Centre



Time	Wednesday Sessions	Venue
9.45-10.45	<b>Sensory Tots (8—18 months)</b> A sensory feast of feathers, soft play, bubbles, mirrors and more to promote learning in new and exciting ways.	Children's Centre
10.00-11.30	<b>Playmats (0-8 months)</b> Come along and meet the other new mums at this friendly drop in session.	Astley Clinic (Dam House)
10.00-10.30	<b>Swim Tots - cost is £2.40</b> Fun way to introduce your child to water with music and toys.	Tyldesley Pool
11-12.30	<b>Jive Bunnies (1-5 years)</b> An energetic physical development session with music and dance. Bring a packed lunch.	Children's Centre
12.45-1.45	<b>Baby Massage (age 0—mobile)</b> A five week course delivered by a qualified Infant Massage Instructor. Parents learn to nurture their children through gentle, calming massage strokes. The course promotes relaxation for parent and child and can aid with baby colic, constipation and sleep issues. Book at the Children's Centre.	Children's Centre
2.00-3.00	<b>Play Tots (0-5 years)</b> Fun play session for parents/carers and their children.	Children's Centre
7.00-8.00	<b>Aerobics (Adults)</b> Do you want to get fit? Then come along to this friendly class for a one hour workout (£2.00 per session)	St John's Primary School Hall

Time	Thursday Sessions	Venue
9.30-10.30	<b>Baby Club</b> Fun activity session for babies with their parent/carer.	Tyldesley Library
1.30-3.30	<b>Helping your child with numeracy and Helping your child with literacy</b> Useful courses on how you can best support your child with numeracy and literacy. <b>Need to book a place</b>	Lindale Hall
1.30-3.30	<b>Well Baby Clinic</b> Drop in baby weighing session run by health visitors (last weighing at 3.15)	Children's Centre

Time	Friday Sessions	Venue
9.45-10.45	<b>Physibodies (0-5 years)</b> Exercise session with rhymes and songs	Lindale Hall
10.00-11.30	<b>Breastfeeding Support Group</b> Expert advice for mums and mums-to-be.	Astley Clinic Dam House
1.30-3.00 13th Jan, 10th Feb	<b>Wigan Foster Carers' Group</b> Drop in session for foster carers and their children, Second Friday in every month.	Children's Centre
1.30-3.00 27th Jan, 24th Feb	<b>Twins Group</b> Drop in play session for parents/carers of multiple births, last Friday in every month.	Children's Centre